



November 2009

Dear Parent or Guardian:

Your child is being asked to be a part of our school's California Healthy Kids Survey (CHKS), sponsored by the California Department of Education. This is a very important survey that will help promote better health and well-being among our youth, improve the school learning environment, and addressing issues such as drug abuse and violence. *Your child does not have to take the survey. Participation is voluntary and requires your permission.*

San Mateo-Foster City School District

1170 Chess Drive
Foster City, CA 94404
(650) 312-7700
FAX (650) 312-7779
www.smfc.k12.ca.us

Survey Content. The survey gathers information on developmental supports provided to youth; school connectedness and barriers to learning; behaviors such as physical activity and nutritional habits; alcohol, tobacco and other drug use; and school safety.

You may examine the questionnaire in the school office or at your district's web site at www.smfc.k12.ca.us.

The results from this survey are compiled into district and county-level CHKS Reports. To view a copy of your district's report, go to <http://www.wested.org/chks/reports> (Outside Source) and type in the district name.

It is Voluntary. Students who, with your permission, agree to participate do not have to answer any questions they do not want to answer, and may stop taking the survey at any time.

It is Anonymous. No names are recorded or attached to the survey forms or data. The results will be made available for analysis only under strict confidentiality controls.

Potential Risks. There are no known risks of physical harm to your child. Risks of psychological or social harm are very small. None have been reported in seven years of survey administration.

Administration. The survey will be administered in December 2009. It will take about one class period to complete (about 50 minutes) and will be administered in your child's regular fifth grade class.

For Further Information. The survey was developed by WestEd, a public, non-profit educational institution. If you have any questions about this survey, please call Lori Fukumoto-Prevention Coordinator for the San Mateo Foster City School District at 650-312-7340.

Molly Barton
Molly Barton-Assistant Superintendent
Student Services

Lori Fukumoto
Lori Fukumoto-Prevention Coordinator

Board of Trustees
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Superintendent:
Pendery A. Clark, Ed.D.

Parent Consent Form for the California Healthy Kids Survey

Please check below whether you grant permission, sign, and return this form within three days to the teacher who distributed it.

I give permission for my child to be in the California Healthy Kids Survey.

I do not give permission for my child to be in the California Healthy Kids Survey.

Parent/Guardian Signature: _____ Date: _____

My child's name is: _____
(Please Print)

THANK YOU FOR COMPLETING AND RETURNING THIS CONSENT FORM.